Affordable Counseling in Kentuckiana

Cardinal Success Program at NIA: Provides free individual, couples, and family therapy for West Louisville residents. Counseling and support services are provided by graduate and doctoral students at the University of Louisville, College of Education and Human Development working under the direct supervision of a licensed psychologist. Located at The NIA Center, 2900 W. Broadway, Suite #320, Louisville, KY. Call (502)-852-3888.

Centerstone Addiction and Recovery Center: Houses an 80-bed inpatient and outpatient facility that treats adults with addictions and their families. Provides an inpatient program for alcohol and drug detoxification. Accepts self-referrals as well as referrals from other health service providers. Contact: (502)-583-3951.

Centerstone (formerly Seven Counties Services) Crisis and Information Center: Provides telephone crisis counseling 7 days/week, 24 hours /day. Adult Crisis Line (502)-589-4313 or 1-800-221-0446; Child Crisis Line: (502)-589-8070 or 1-800-432-4510. To schedule an initial appointment, call: (502)-264-8799.

Family & Children's Place: Multiple locations in IN and KY. Provides no-cost therapy in homes, offices and the community; child and family advocacy; information on victims assistance; case management; referrals to appropriate community services; and domestic violence groups for children impacted by violence in the home. Day and evening appointments are offered with no session limit. Contact (502)-893-3900, ext. 280

Jewish Family & Vocational Service: Provides individual and group counseling and support groups, by appointment only. Provides a sliding scale fee. Contact (502)-452-6341.

Louisville Presbyterian Seminary: Provides marriage and family therapy, substance abuse counseling (if involved in a 12 step program), Provides a sliding scale fee with no session limit. Located at 1044 Alta Vista Road, Louisville, KY. Contact: (502)-895-3411 ext. 275.

Lutheran Family Services: Offer daily and evening therapy sessions by appointment only. Offer a sliding scale fee with no limit to sessions. Located at 1864 Frankfort Ave, Louisville KY. Contact: (502)- 899-5991.

Noble Kelly Psychological Services Center (PSC): A psychology clinic, training, and research facility staffed by doctoral students in Clinical Psychology who are supervised by licensed clinical psychologists. 502-852-6782 Located in Davidson Hall, Suite 210. For more information, visit louisville.edu/ psychology/psc or call: (502) 852-6782.

Personal Counseling Services: Provides faith-based counseling, psychiatric counseling. Can provide services in Spanish and Portuguese. Contact for fee information. Some insurance plans are accepted. Located at 1205 Applegate Ln, Clarksville, IN 47129. (812)-283-8383.

Spalding University Center for Behavioral Health: Doctoral students provide psychological assessments as well as individual, couple, and group therapy with children, adolescents, and adults under the supervision of licensed psychologists. https://behavioralhealth.spalding.edu/

The Center for Women and Families: The Center for Women and Families provide support for individuals, families and communities affected by intimate partner violence and sexual assault. Emergency shelter is available and counseling services offered during business hours. There is no fee for services and no session limit. Located at 927 S 2nd St. Louisville, KY. Contact: (502)- 581-7200. They offer a crisis phone line all hours, 7 days a week: 1-(844)-237-2331.

The Morton Center: Provides outpatient counseling; contact for fee information. Groups are offered at various rates and primarily take place in the evening. Insurance is accepted at this location. Located: 1028 Barrett Ave, Louisville, KY. Contact: (502)-451-1221.

University of Louisville Depression Center: Provides treatment for bipolar disorder, addictions, and child and adolescent mood disorders via a comprehensive, multi-faceted plan that includes biological and psychological approaches. Contact: (502) 588-4450 http://louisville.edu/depression

Please contact agencies to confirm information regarding services, eligibility, hours, and fees